



100 million people's Hito-hachi movement



みんなの FUJISAN 地球フェスタ WA 富士山・東京 発 世界平和プロジェクト

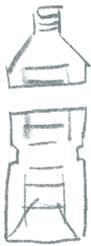
# 1億人の稲づくり一鉢運動

To the world! since 2022



## How about growing rice at home? It's actually very easy!

### 0. What You Need



#### Bucket

A bucket you can buy at hundred-yen stores (A 2-liter plastic bottle will do as well, if you cut around the top of it.)

#### Soil

Field soil or soil for home garden (Used soil can be used as well.)



### 1. Prepare Soil

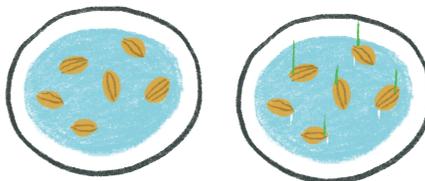
Mix the soil with water in a bucket or a 2-liter plastic bottle without the upper part. The soil can be anything, e.g., field soil, soil for home garden, and used soil.



Leave a **5-10** cm space from the rim of the bucket.

### 2. Budding

Soak rice seeds in the water just enough to cover them on a dish. Avoid direct sunlight, but leave them somewhere warm. Budding is complete when a 1mm bud comes out. It takes about 7 to 10 days.



**5 to 6** grains



#### Three Tips for Budding

- ① Only use enough grains of seeds or many of them will go to waste.
- ② Plant seeds as soon as possible after the bud comes out. The buds get entangled and damaged when they are too long.
- ③ Change water everyday if you can.

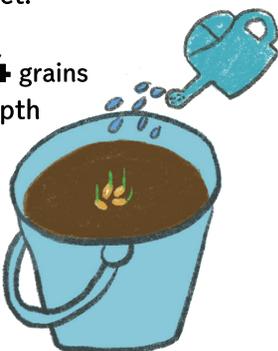
#### Tips for Harvesting

Do not delay harvest too much. The moisture value of rice drops as time goes by.

### 3. Plant

Cast sprouted seeds in the middle, and softly cover with soil. Sprinkle water everyday so that the soil is wet.

**3 to 4** grains  
**1** cm depth



### 4. Obsevation

When five leaves come out, pour water to the brim. Replace water in summer to avoid the water temperature getting too hot.



### 5. Harvest

Drain water 10 days before the harvest, and place it under the eaves. Dry them for about 10 days, then thresh.

About **40** days after ears appear.



After they turn to gold.

# What is the “100 million People’s Hitohachi Movement” ?



We are distributing rice seeds, **hoping this could be an opportunity to feel nature through the fun experience of rice cultivation in a bucket.** Thanks to the cooperation of schools, kindergartens, shops, and distribution at local events, ten million have participated so far as of July, 2024.



## 2 Let's think about the way to live in harmony with others through rice cultivation!

The culture of rice cultivation and fishing is a culture for humans to live in harmony with nature and people. Now, there are conflicts and natural disasters due to extreme weather all over the world. Isn't it time that ancient **Japanese “way of living in harmony with others”** becomes more important? Chidama Festa holds **rice-planting and rice-harvesting festivals** every year at which families learn **the the role of rice fields, and the blessing from them,** and experience **the way of living in harmony with nature.** Those events are attended by ambassadors from various countries to Japan, their families, and embassy staff. We act beyond the boundaries of nations, ethnic, and cultures. The rice seeds that are harvested or donated through Hitohachi will turn into brown rice flour and will be sent to places like Ukraine, Europe, Middle and Near East, Syria, Asia, and Africa, and delivered to people in need. Rice farming represents a bond between nature and humans. We hope that this would be an **opportunity to think about “living in harmony with nature and people”** and to take action.

## 3 Growth Record Wanted!

Please send us **pictures of rice plants you are growing or what you thought about it** through DM on Instagram. We may introduce them on Chidama Festa official website or social media. We look forward to receiving your report!



Hitohachi Movement's Instagram



Introduction on website

## 4 Brown rice flour to the world as humanitarian aid



Brown rice contains vitamins, minerals, and fiber. It can be used as a **substitute for flour.** We deliver brown rice flour to people in need across the world in Hitohachi Movement. We would appreciate it if you could agree with the purpose and **donate half of the rice (rice seeds) you harvest** although it is not necessary. Donated rice will turn into brown rice flour, and will be entrusted to the World Peace Humanitarian Aid Group. We are looking forward to the support of as many people as possible!

**Please send rice seeds to the address below.**

Address: FUJISAN Chidama Festa WA Executive Committee  
1598-1 Onuma Nishikatsura-cho,  
Minamitsuru-gun, Yamanashi-ken 403-0022



Please send **rice seeds before removing the outer hull!**  
◀ Rice seeds



Here's the latest news!  
Chidama Festa's website

[Contact (E-mail) festa@chidama.net] [Managed by Authorized NPO Association for Living Together with the Earth] [Sponsored by Ministry of Foreign Affairs of Japan / Ministry of Education, Culture, Sports, Science and Technology / Ministry of the Environment / JA Kumamoto Economic Federation] [Kumamoto Prefectural Economic Japan Agricultural Cooperatives Federation] [Hosted by the executive committee of FUJISAN CHIDAMA FESTA WA] [Cosponsor by Akizuki Nouen / Wajo - iwamoto en / etc.] [Cooperation by Chidama Ltd.]

